

The WHO, HOW and WHAT'S of CHILDREN AND YOUNG PERSONS' FAMILY MEETINGS

Holding these meetings is an intentional way to help raise genuinely happy and successful children and young persons' with internal abilities to help them navigate through life as healthy adults.

8 BENEFITS of Children and Young Persons' Family Meetings

Children & Young Persons' Family Meetings strengthens relationships and 8 core developmental abilities for Children & Young Persons'



CLARITY

Empower them
to be heard

SOCIABILITY

Practice
communication
skills



RESILIENCE

Overcome
challenges
together

SELF- AWARENESS

Reflect on
feelings



INTEGRITY

Live your family
values

RESOURCEFULNESS

Set and achieve
shared feelings and
goals



CREATIVITY

Have fun and
inspire one
another

EMPATHY

Appreciate your
loved ones

